

DC METRO AREA SUPPORT GROUP RESOURCES FOR ADOLESCENTS AND YOUNG ADULTS WITH SPECIAL HEALTH CARE NEEDS

Target Population	Group Name	Activities	Meeting Times	Address	Contact Info.	Website
Autism	Monthly Autism Support Group	Monthly support meeting (affiliated with Autism society of America)	Meets monthly 11 – 12 pm	St. Mary's Episcopal Church (Parish Hall) 728 23 rd Street NW Washington, DC 20037	Ron Hampton 202-744-2897	http://support.autism-society.org/site/Clubs?club_id=1051&pg=main
Bipolar	Bipolar Support Group (not just for teens)			Mental Health Clinic Howard University 530 College Street NW Washington DC 20060	Donna Barnes 202-806-7706	
Bipolar	Teen Bipolar Advocate Blog	A blog about bipolar disorder in teens				http://support4bipolarteens.blogspot.com/
Cancer	Starbright World (private online network for teens with serious medical conditions)	Online social network where teens (ages 13-20) who have serious medical conditions and siblings of seriously ill teens can connect with each other via moderated chat rooms, games, bulletin boards, videos, and more.				http://www.starbrightworld.org/default_login.aspx?ReturnURL=%2fhome.aspx
Depression & Bipolar	Teen Depression and Bipolar Support Group	Support group for teens with depression or bipolar disorder	Every Thursday at 7:30 pm	Fairfax Presbyterian Church Senior High Room, 10723 Main Street, Fairfax, VA 22030		teens@dbsanova.org
Diabetes	Juvenile Diabetes Research Foundation	Informal “get together” for teens and tweens with type 1		Washington, DC	202-465-4117 dwhitfield@jdrf.org	
Eating Disorders	Weekly Eating Disorders Support Group	Support group	Wednesdays, 7:00 – 8:30 pm	Sheppard Pratt Hospital, The Central Building, Room #C-305 6501 North Charles St., Baltimore, MD 21204	Kate Clemmer, Community Outreach Coordinator (410) 427 – 3886	http://eatingdisorder.org/about_the_center/group/support_group.php
Epilepsy	eCommunity supported by the Epilepsy Foundation of America	Virtual support group and group chats		Online		http://epilepsyfoundation.ning.com

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Grief	Teen Male Grief Support Group (Ages 13 - 18)		Tuesdays 5:30 - 6:30 PM (Ongoing)	Wendt Center 2041 Martin Luther King Jr. Avenue SE Suite 239 Washington, DC 20020	Call 202 - 204 - 5021 to register.	http://www.wendtcenter.org
Healthy Teens	YMCA - Teen Programs	Sports, martial arts, self-defense, wellness, enrichment classes				http://www.ymcadc.org/index.cfm
HIV/AIDS	HIV/AIDS Support Group	This group is for anyone who has been recently diagnosed with HIV. It is open to all genders and orientations.	Every other Wednesday evening.	Whitman-Walker Clinic	Contact: Scott 202-939-7671 hivsupport@wwc.org	www.whitman-walker.org/page.aspx?pid=372
HIV/AIDS	HIV/AIDS	The Whitman Walker Clinic runs peer support groups for people living with HIV/AIDS, including one group specifically for the newly diagnosed. Registration is required.	Monday, Tuesday, and Wednesday evenings	Whitman-Walker Clinic	Contact: Scott 202-939-7671 hivsupport@wwc.org	www.whitman-walker.org/page.aspx?pid=372
HIV/AIDS	A Girl Like Me (A pilot program of The Well Project)	Online blog where women of all ages can share their stories and promote understanding of HIV through online storytelling.				http://girllikeme.org
Intellectual & Developmental Disabilities	The Arc Montgomery County	The Arc provides life-long educational, residential, vocational, and support programs and resources individuals and families affected by intellectual and developmental disabilities.		The Arc Montgomery County 1160 Nebel Street Rockville, MD, 20852	(301) - 984 - 5777	http://thearcofmontgomerycounty.com/program-services/families/family-and-community-resources.html
Social Anxiety	Social Anxiety support of greater Washington, not just for teens.		Meetings 1 st and 3 rd Saturday of each month from 10:00 to 11:30 am.	Martin Luther King Library	Drew 301-452-7953 Allison 301-540-0908	http://www.angelfire.com/md3/socialanxietygroup

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Social Anxiety & Shyness	Shyness and Social Anxiety Hangout (social group)	Meetup Group	Scheduled meetups via online network/support group			http://www.meetup.com/Novashy/

Additional Web Resources:

DC Health Care Transition website: <http://www.dchealthcaretransition.org>

DC Partners in Transition: <http://www.dctransition.org>

National Center for Health Care Transition: <http://www.gottransition.org>

Know of other support groups for teens? Let us know! Please email Lpollack@thenationalalliance.org.